


January 2025 - 1st Floor Manor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Year's Day 10:00 Daily Exercise 10:30 Midweek News 2:00 Bingo 3:00 New Year Trivia 6:30 Resolutions A - Z	2 10:00 Yoga Stretch 10:30 Bible Study 2:00 Bocce Ball 3:00 New Year's Luck 6:30 Alphabet Game	3 10:00 Strong & Fit 10:30 The Daily Report 2:00 Birdfeeder Craft 3:00 Three of a Kind 6:30 Little Women	4 10:00 Armchair Dance 10:30 Coffee Klatch 2:00 Boggie 3:00 Lighthouses 6:30 States and Capitals
5 10:00 Sunday Stretch 10:30 News Time 2:00 Hymn Sing 2:30 Worship Service 3:00 Winter Birds 6:30 How is it Made?	6 10:00 Morning Swing 10:30 News & Views 2:00 Nail Care 3:00 The Year 1939 6:30 Antartica	7 Orthodox Christmas 10:00 Armchair Fitness 10:30 In the Headlines 1:30 Mass 2:00 Music Fun 3:00 Alphabet Game 6:30 Furry Friends	8 10:00 Daily Exercise 10:30 Midweek News 2:00 Bingo 3:00 Refreshments 6:30 Prayer Meeting	9 10:00 Yoga Stretch 10:30 Bible Study 2:00 Word in a Word 3:00 Sweet Treat 6:30 Ski Slopes	10 10:00 Strong & Fit 10:30 The Daily Report 2:00 Shuffleboard 3:00 Beverage Bar 6:30 Polar Animals	11 10:00 Armchair Dance 10:30 Coffee Klatch 2:00 Peanut Butter Treat 3:00 January Birthdays 6:30 Poetry Circle
12 10:00 Sunday Stretch 10:30 News Time 2:00 Hymn Sing 2:30 Worship Service 3:00 Favorite Actors 6:30 Andrea Bocelli	13 10:00 Morning Swing 10:30 News & Views 2:00 Robin & Jim (MDR) 3:00 Trivia Quiz 6:30 Stephen Foster	14 10:00 Armchair Fitness 10:30 In the Headlines 1:30 Rosary 2:00 Wheel of Forturne 3:00 20 Questions 6:30 Marilyn Monroe	15 10:00 Daily Exercise 10:30 Midweek News 2:00 Bingo 3:00 Snack Time 6:30 Prayer Meeting	16 10:00 Bible Study 10:30 Resident Council 2:00 Pie Day 3:00 Person, Place, Thing 6:30 Polka Fest	17 10:00 Strong & Fit 10:30 The Daily Report 2:00 Ben Franklin 3:00 Inventions 6:30 Figure Skating	18 10:00 Armchair Dance 10:30 Coffee Klatch 2:00 Drive-in Movie 3:00 Funny Jokes 6:30 Glaciers
19 10:00 Sunday Stretch 10:30 News Time 2:00 Hymn Sing 2:30 Worship Service 3:00 Name That Sound 6:30 I Love Lucy	20 MLK Jr. Day 10:00 Morning Swing 10:30 News & Views 2:00 Bowling 3:00 Movement Game 6:30 MLK Jr.	21 10:00 Armchair Fitness 10:30 In the Headlines 1:30 Mass 2:00 Doublet Game 3:00 Who Am I? 6:30 True or False	22 10:00 Daily Exercise 10:30 Midweek News 2:00 Bingo 3:00 Prize Cart 6:30 Prayer Meeting	23 10:00 Yoga Stretch 10:30 Bible Study 2:00 Antique Show (MDR) 3:00 Refreshments 6:30 Lancaster	24 10:00 Strong & Fit 10:30 The Daily Report 2:00 At the Salon 3:00 Tea Time 6:30 The Poconos	25 10:00 Armchair Dance 10:30 Coffee Klatch 2:00 Trip to France 3:00 Croissants 6:30 Book Club
26 10:00 Sunday Stretch 10:30 News Time 2:00 Hymn Sing 2:30 Worship Service 3:00 Remember When 6:30 Brady Bunch	27 10:00 Morning Swing 10:30 News & Views 2:00 Rob. B (MDR) 3:00 Music Review 6:30 TV Bloopers	28 10:00 Armchair Fitness 10:30 In the Headlines 1:30 Rosary 2:00 Snowman Craft 3:00 Kazoos 6:30 Three Stooges	29 10:00 Daily Exercise 10:30 Midweek News 2:00 Chinese New Year (MDR) 6:30 Prayer Meeting	30 10:00 Yoga Stretch 10:30 Bible Study 2:00 Penguin Party 3:00 Owls 6:30 Name 5	31 10:00 Strong & Fit 10:30 The Daily Report 2:00 Crossword 3:00 Rhyme Time 6:30 Hot Chocolate	