


January 2022 2nd Floor Manor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 9:30 Room Visits 10:00 Fitness Fun 10:30 News Time 2:30 Worship Service 4:15 Winter Sports 6:30 Musical Melodies	31 10:00 Morning Swing 10:30 News & Views 2:00 Rob Balonoff MDR 4:15 Music Review 6:30 Cold Weather Words				1 Happy New Year 10:00 Armchair Dance 10:30 News Time 2:00 It's a New Year 4:15 The New Game 6:30 Name that Tune	
2 9:30 Room Visits . 10:00 Fitness Fun 10:30 News Time 2:30 Worship Service 4:15 Winter Weather 6:30 Cookies & Cocoa	3 10:00 Morning Swing 10:30 News & Views 2:00 Crossword Puzzle 4:15 Braille 6:30 Nordic Travel	4 10:00 Exercise 10:30 God's Circle 1:30 Rosary 2:00 Sing Along - Audrey 4:15 Snowflakes 6:30 Left Right Center	5 10:00 Daily Exercise 10:30 Midweek News 2:00 Bingo 4:15 Word Game 6:30 Prayer Meeting	6 10:00 Morning Stretch 10:30 Daily News 2:00 A Trip to Atlanta 4:15 January birthdays 6:30 Funny Resolutions	7 10:00 Armchair Fitness 10:30 News & Views 2:00 Soup Day 4:15 Rodeo trivia 6:30 Tongue Twisters	8 10:00 AM Stretch 10:30 News Time 2:00 Elvis Day 4:15 Elvis Songs 6:30 Snack & Chat
9 9:30 Room Visits 10:00 Fitness Fun 10:30 News Time 2:30 Worship Service 4:15 Person Place Thing 6:30 Book Club	10 10:00 Exercise 10:30 News & Views 2:00 Rob Balonoff MDR 4:15 Guess the TV Show 6:30 Jazz Time	11 10:00 Morning Swing 10:30 God's Circle 1:30 Mass 2:00 Sing Along - Audrey 4:15 Favorite Things 6:30 Card game	12 10:00 Daily Exercise 10:30 Midweek News 2:00 Bingo 4:15 Movie Trivia 6:30 Prayer Meeting	13 10:00 Morning Stretch 10:30 Daily News 2:00 Winter Craft 4:15 Frisbee Fun 6:30 True or False	14 10:00 Armchair Fitness 10:30 News & Views 2:00 Hobby Day 4:15 Winter Fun 6:30 Trivia	15 10:00 Armchair Dance 10:30 News Time 2:00 Spelling Bee 4:15 Tupperware 6:30 Poetry Circle
16 9:30 Room Visits 10:00 Fitness Fun 10:30 Today's News 2:30 Worship Service 4:15 MLK History 6:30 Memory Game	17 Martin Luther King Jr 10:00 Morning Swing 10:30 News & Views 2:00 Who Am I 4:15 Who Was MLK? 6:30 Music of the 60s	18 10:00 Exercise 10:30 God's Circle 1:30 Rosary 2:00 Sing Along - Audrey 4:15 Snow Sculptures 6:30 Who Am I?	19 10:00 Daily Exercise 10:30 Midweek News 2:00 Bingo 4:15 Rhyming Game 6:30 Prayer Meeting	20 10:00 Morning Stretch 10:30 Resident Council 2:00 Winter Fest MDR 4:15 All About Hats 6:30 Mosaic Art	21 10:00 Armchair Fitness 10:30 News & Views 2:00 Let's Create 4:15 Penguins 6:30 Winter Birds	22 10:00 AM Stretch 10:30 News Time 2:00 Let's Bake 4:15 George Washington 6:30 Strange But True
23 9:30 Room Visits . 10:00 Fitness Fun 10:30 Today's News 2:30 Worship Service 4:15 Handwriting 6:30 Trip to Alaska	24 10:00 Morning Swing 10:30 News & Views 2:00 Winter Social 4:15 Finish the Phrase 6:30 Winter Foods	25 10:00 Exercise 10:30 God's Circle 1:30 Mass 2:00 Sing Along - Audrey 4:15 Brain Teasers 6:30 Mystery Game	26 10:00 Daily Exercise 10:30 Midweek News 2:00 Bingo 4:15 All About NYC 6:30 Prayer Meeting	27 10:00 Morning Stretch 10:30 Daily News 2:00 Cooking Club 4:15 Riddles 6:30 Winter Vacation	28 10:00 Armchair Fitness 10:30 News & Views 2:00 Bowling 4:15 Thinking Game 6:30 Higher or Lower	29 10:00 AM Stretch 10:30 News Time 2:00 Chinese Inventions 4:15 Puzzles 6:30 Fish Wrapper