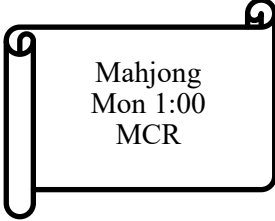

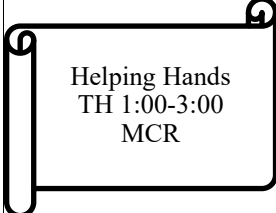
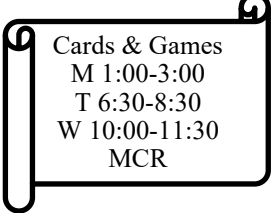
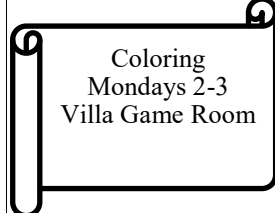
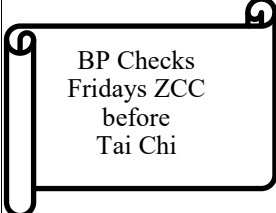


# November 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>Mahjong Mon 1:00 MCR</p>	<p><b>1</b> 10:00 am Tai Chi ZCC 6 pm Bible Study-VCR</p>	<p><b>2</b> 10 Fellowship Fit-ZCC 11 Choir Practice ZCC 1 pm Bible Study-VCR</p>	<p><b>3</b> Labs 7:30 am <b>10 Strengthening &amp; ROM</b> Brunch Villa Café</p>	<p><b>4</b> 10 Fellowship Fit-ZCC <b>1:00 Town Hall-ZCC</b> 6:30 pm Sinatra &amp; Friends Concert-ZCC</p>	<p><b>5</b> 10:00 am Tai Chi ZCC 1:00 Ping Pong-MCR</p>	<p><b>6</b> 2:00 Allentown Music Club</p>
<p><b>7</b> Rock of Ages Church 10:00 am ZCC Brunch 11:00 am <b>Daylight Savings Fall Back 1 hour</b></p>	<p><b>8</b> 10:00 am Tai Chi on Fellowship Channel 6 pm Bible Study-VCR</p>	<p><b>9</b> 10:00 am Fellowship Fit ZCC 1 pm Bible Study-VCR</p>	<p><b>10</b> Labs 7:30 am 10 Strengthening &amp; ROM <b>Brunch Villa Café</b></p>	<p><b>11</b> 10 Fellowship Fit ZCC <b>2 Veterans' Day Service-ZCC</b> 11 Activities Committee - VCR</p>	<p><b>12</b> 10 Tai Chi ZCC <b>10:30 Lunch Bunch</b> 1:00-Ping Pong-MCR <b>2 Lifelong Learning ZCC</b> 3 pm It Reminds me of a Story- TV</p>	<p><b>13</b> <b>6:30-Movie Night-The Greater</b></p>
<p><b>14</b> Rock of Ages Church 10:00 am ZCC Brunch 11:00 am</p>	<p><b>15</b> 10:00 am Tai Chi ZCC 6 pm Bible Study-VCR</p>	<p><b>16</b> 1pm Bible Study-VCR 5pm IL Dinner</p>	<p><b>17</b> Labs 7:30 am <b>10 Strengthening &amp; ROM</b> Brunch Villa Café</p>	<p><b>18</b> 10 Fellowship Fit ZCC 2:00 Farmer's Market</p>	<p><b>19</b> <b>9 Holiday Bazaar ZCC</b> 1:00-2:30 Ping Pong-MCR</p>	<p><b>20</b> <b>9 Holiday Bazaar ZCC</b></p>
<p><b>21</b> Rock of Ages Church 10:00 am ZCC Brunch 11:00 am</p>	<p><b>22</b> 10:00 am Tai Chi ZCC 6 pm Bible Study-VCR</p>	<p><b>23</b> 10:00 am Fellowship Fit ZCC 1 pm Bible Study-VCR</p>	<p><b>24</b> Labs 7:30 am 10 Strengthening &amp; ROM Brunch Villa Café</p>	<p><b>25</b> </p>	<p><b>26</b> <b>10 am Tai Chi ZCC</b> 1:00 Bingo-MCR <b>1:00-2:30 Ping Pong-MCR</b> 3:00 pm It Reminds me of a Story- TV</p>	<p><b>27</b> <b>8:00 am Men's Breakfast ZCC</b> 3 pm State Theatre Concert <b>6:30-Movie Night-Whale Rider</b></p>
<p><b>28</b> Rock of Ages Church 10:00 am ZCC Brunch 11:00 am</p>	<p><b>29</b> 10:00 am Tai Chi ZCC 6 pm Bible Study-VCR</p>	<p><b>30</b> 10:00 am Fellowship Fit ZCC 1 pm Bible Study-VCR</p>	 <p>Helping Hands TH 1:00-3:00 MCR</p>	 <p>Cards &amp; Games M 1:00-3:00 T 6:30-8:30 W 10:00-11:30 MCR</p>	 <p>Coloring Mondays 2-3 Villa Game Room</p>	 <p>BP Checks Fridays ZCC before Tai Chi</p>